

# LAKE SIDE FOODS

## Chili Beans

(with Pinto Beans)

<b>Nutrition Facts</b>			
Serving Size 1/2 cup (130 g)			
Servings Per Container (see chart at right)			
<b>Amount Per Serving</b>			
<b>Calories</b>	120	<b>Calories from Fat</b>	5
<i>% Daily Value*</i>			
<b>Total Fat</b>	0.5 g		1 %
Saturated Fat	0 g		0 %
Trans Fat	0 g		
<b>Cholesterol</b>	0 mg		0 %
<b>Sodium</b>	550 mg		23 %
<b>Potassium</b>	230 mg		7 %
<b>Total Carbohydrate</b>	21 g		7 %
Dietary Fiber	6 g		24 %
Sugars	1 g		
<b>Protein</b>	7 g		
Vitamin A	0 %	■	Vitamin C 2 %
Calcium	6 %	■	Iron 10 %
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	■	Carbohydrate 4
		■	Protein 4

Potassium declaration is not required- optional nutrient


Can Size	Net Weight			Servings
	oz	grams	( lb - oz )	
300x407	15	425		About 3.5
603x700	110	3119	( 6 lb 14 oz )	About 24


Kosher OU optional and requires a 3-way agreement

Allergens: None

### Ingredients:

Prepared pinto beans, water, salt, modified corn starch, chili powder, tomato paste, sugar, chili seasonings (chili pepper and spices, salt, dehydrated garlic), red pepper, garlic, onion, calcium chloride (firming agent).

	<b>70610 PRODUCT SPECIFICATION</b>	CURRENT AS OF	5/2/13
		EFFECTIVE DATE: 10/08/12	
		SUPERCEDES:	11/02/04

<b>Product Name:</b>	Canned, Chili Beans (with Pinto Beans)
<b>LFI Product Code:</b>	012154
<b>General Information:</b>	This product and packaging conforms to the latest provisions of the Food, Drug and Cosmetic Act, to all applicable USDA regulations, to all applicable state statutes and regulations for the production facility.
<b>Description:</b>	Prepared by filling containers with the ingredients below and closing with a hermetic seal. Containers are then processed with heat and properly cooled to achieve a shelf stable product.
<b>Grade:</b>	Product conforms to U.S. Standards for Fancy Grade.
<b>Ingredients:</b>	Prepared pinto beans, water, salt, modified corn starch, chili powder, tomato paste, sugar, chili seasonings (chili pepper and spices, salt, dehydrated garlic, monosodium glutamate), red pepper, garlic, onion, calcium chloride.
<b>Color:</b>	Good color typical of chili beans, which is not materially affected by insignificant blemishes.
<b>Aroma / Odor:</b>	Good aroma characteristic of chili beans; no "off" odors.
<b>Flavor:</b>	Good flavor characteristic of chili beans; no "off" flavors.
<b>Texture:</b>	Good texture typical of chili beans; may be slightly soft or slightly firm.
<b>Size:</b>	N/A
<b>Optional Label Claims:</b>	A high or excellent source of fiber, a good source of iron, a low fat food, a cholesterol free food, Vegetarian, Vegan.
<b>Kosher:</b>	Applicable only if 3-way agreement between Customer, Union Orthodox and Lakeside Foods.  Logo <a href="http://www.oukosher.org">www.oukosher.org</a>
<b>Allergens:</b>	No allergens from the eight major foods or food groups (Milk, Eggs, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, And Soybeans)
<b>Gluten:</b>	Naturally Gluten Free Food
<b>Chemical Standards:</b>	Salt <1%

**Physical Characteristics:**

Can Size	Net Weight	Drain Weight (oz)	Servings per Can
603x700	110oz. (3,119g) (6 lb 14 oz.)	66 oz.	About 24

**Microbiology:** Commercially Sterile

**GMO:** Lakeside Foods Inc. does not grow gene-altered vegetables. All vegetables sold by Lakeside Foods Inc. are grown from seed developed using conventional breeding methods.

**MSDS (Material Safety Data Sheets):** Not Applicable

**Recommended Product Preparation Instructions:**

Stove Top Cooking Instructions:

Empty contents into saucepan and heat on medium-high until hot; do not boil. Drain, season to taste and serve. Avoid overcooking.

Microwave Oven Cooking Instructions:

Empty contents into microwave-safe dish; cover; heat on high until warm. Stir and continue cooking on high until hot. Do not overcook. Stir, drain, season to taste and serve.

Note: Microwave cooking times vary among individual ovens – avoid overcooking.

**Packaging Code:**

Top Line (8 Characters)

MT = Canning Plant (Manitowoc, WI)

C = Canning Line (Alpha Character)

A = Period of the Day (A – Z)

8 = Month of the Year (1- 9; A, B, C)

25 = Day of the Month (2 Digits)

0 = Year (9 = 2009, 0 = 2010, 1 = 2011 etc.)

Five Digit 24 Hour Time (Top Line)

Bottom Line (6 or 7 Characters)

007 = Vegetable Code (Corn)

002 = Style of the Vegetable (Whole Kernel)

N = Vegetable Variety or Kosher Character (used as needed)

Plant	Code
Belgium, WI	BE
Manitowoc (Plant), WI	MT
Mondovi, WI	MV
New Richmond, WI	NR
Owatonna, MN	OW
Plainview, MN	PL
Reedsburg, WI	RG
Seymour, WI	SY

**Storage:** Ship and store under clean conditions, maintain temperatures between 41 °F and 95 °F.

**Shelf Life:** Approximately 36 months under proper storage conditions.

<b>Best By:</b>	Minimum 3 years
<b>Container:</b>	Enamel Lined Steel Can
<b>Country of Origin:</b>	Typically Product of USA