


Sister Schubert's® Wheat Rolls made with Whole Grain

 Item # 48162 62205

Product Description:

For today's health conscious customers! Sister Schubert's® mouthwatering yeast wheat rolls use only the finest ingredients and are fully proofed, yet partially baked to allow for each customer's desired brownness. Contains zero grams trans fat and no artificial flavors or preservatives. These delicious rolls are made with 62% whole grain and provide a wholesome alternative to the traditional dinner roll.



Case GTIN:	10748162622056
Pack:	120
Size:	1.5 oz.
Shelf Life:	12 Months
Package Format:	Poly Bag
Storage:	Keep frozen
Servings Per Case:	About 120
Product Preparation:	Thaw rolls. For best results use conventional oven preheated to 350 degrees F. Remove plastic bag. Cover loosely with aluminum foil for moister rolls. Bake 15-20 minutes (3-5 minutes in convection oven) or until brown. If frozen, cover loosely with foil and bake in preheated oven at 300 degrees F for 25-35 minutes.
Operator Benefits:	Contains 13.6g of whole grain per serving Quick preparation - just warm and serve. Homemade taste and uncompromised quality. Convenient with no waste - bake only what is needed. Keep the rest frozen.

Date Last Refreshed: 6/5/14


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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.



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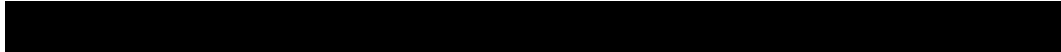
INGREDIENTS:

WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, EGGS, SOYBEAN OIL, SALT, HYDROGENATED COTTONSEED OIL, PARTIALLY HYDROGENATED SOYBEAN OIL, YEAST, MONO AND DIGLYCERIDES, WHEY.

CONTAINS: WHEAT, EGGS, MILK

Nutrition Facts

Serving Size 1 ROLL (43 g)
Servings Per Container ABOUT 120



Amount Per Serving

Calories 140 **Calories from Fat** 35



% Daily Value*

Total Fat 4 g **6 %**

Saturated Fat 1 g **5 %**

Trans Fat 0 g

Cholesterol 10 mg **4 %**

Sodium 230 mg **10 %**

Total Carb. 22 g **7 %**

Dietary Fiber 2 g **7 %**

Sugars 4 g

Protein 4 g



o Vitamin A 0 % o Vitamin C 0 % o Calcium 0 % o Iron 4 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Nutrient		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Fiber		25g	30g

1g Fat = 9 calories – 1g Carbohydrates = 4 calories – 1g Protein = 4 calories



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